

A simple tool to aid in personal follow-up and discipleship.

YouVersion's

one2one

D I S C I P L E S H I P

IT'S A GUIDE. It cannot make a disciple, but it can help you make one. Most importantly, it helps a new disciple get the right start.

Provided by



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Introduction

The Power of One

One doesn't seem powerful when it stands alone.

Can one make a difference? Can one change the world? My answer to that is that it depends on the one.

Some people spend so much life waiting on someone else to go, to do, so they can follow and then they won't be alone. But when one is so committed and is willing to go, even if they are the only one, rarely will they go alone because that is the very type of person that others will want to follow.

That is the power of one.

Its not easy to take time in the midst of our busy schedules to walk with another person in life and disciple them in the things of God. Yet, this is not only our highest calling, but also it is the purest picture of the power of one.

In Christ I can do all things...

For His Glory,
Pastor Wes
Lead Pastor

Day 1 of 25

Scripture (s) **2 Timothy 2:2**
Mark 1:17

THE RIGHT START

Letter From Steve Murrell

From 1974–1979, a young, upstart Presbyterian youth pastor named Ron invaded local high schools in my hometown of Jackson, Mississippi, boldly sharing the Gospel one-on-one with anyone who would listen — and with some who wouldn't. Over the years, countless teenagers heard and understood God's plan of salvation for the first time. Hundreds responded. Many went on to serve the Lord in full-time ministry as church-planters, youth ministers, pastors, and missionaries.

I'm one of those who heard the Gospel for the first time through Ron back in the mid-seventies. However, my first response to Ron and his Gospel was not to repent, but to run. I ran from Ron, from his "disciples," and from God. I ran for about six months, avoiding Ron the best I could. It was a difficult task, as he seemed to show up everywhere. He was at every football and basketball game. He was in the school halls, in the cafeteria, in the parking lot. He and his band of disciples were always inviting me to another retreat, another Bible study, another prayer meeting, another youth night at the church. Finally in November of 1975, I responded to the Gospel. I repented and put my faith in Christ alone. Fortunately, it didn't end there. Ron wasn't content just to carve a notch in his well-worn Bible to represent yet another soul saved. Since he was not out to save souls, but to make disciples, his work with me was just beginning. He added me to one of his famous "action groups" where about eight of us met together weekly and learned to walk with God.

I believe in one-to-one evangelism, one-to-one follow-up, and one-to-one discipleship. Here's why. Ron shared the Gospel with me. I didn't respond. I ran. Ron ran after me. For six months he ran after me, preaching to me and praying for me. He just wouldn't go away. That's one-to-one follow-up.

After I responded to the Gospel, Ron began to disciple me in a small group. He taught me how to study and live the Bible. He taught me how to pray. He taught me how to share my faith and how to make disciples. That's one-to-one discipleship. (2 Timothy 2:2)

Personal follow-up and discipleship. That's the Great Commission. That's what ONE 2 ONE is all about.

It's a guide. It can't make a disciple, but it can help you make one. Most importantly, it helps a new disciple get the right start.

Steve Murrell

Observation

Application

Prayer

Day 2 of 25

Scripture (s) **Ephesians 2:8**
2 Timothy 2:19
Hebrews 10:25
Joshua 1:8
Mark 5:19

GETTING STARTED

These five steps will get you off to the right S-T-A-R-T, as you follow Christ:

1. Stop trusting in yourself and your own good works, and start trusting in Christ alone for salvation. (Ephesians 2:8–9)
2. Turn away from everything the Bible calls sin. (2 Timothy 2:19)
3. Attend a small group for personal discipleship and weekly worship services. (Hebrews 10:25)
4. Read and obey your Bible every day. (Joshua 1:8)
5. Tell others about your new relationship with Christ. (Mark 5:19–20)

Observation

Application

Prayer

Day 3 of 25

Scripture (s) **2 Corinthians 5:17**

Isaiah 59:1

Romans 3:23

Romans 6:23

SALVATION — A NEW START (PART 1)

A new creation. A fresh start. For all of us who have ever wished we could start over, this is good news. (2 Corinthians 5:17) However, before we can really appreciate this good news, we need to understand exactly why we need to start over. Why do we need to become a “new creation?” Why do we need salvation?

The Problem: Separation Because of Our Sin

There is an immeasurable gap separating God and man. The cause of this eternal separation between God and man is sin.

Have you ever felt distant from God? We all have. Feeling far from God is very common. Many who sense this vast separation suppose that if they meditate harder, learn more about their religion, or just step into a religious sanctuary, they would be closer to God.

But since our separation from God is not physical or intellectual, neither

Observation

Application

Prayer

Day 4 of 25

Scripture (s) **Hebrews 9:26**
2 Corinthians 5:21
Galatians 3:13

SALVATION — A NEW START (PART 2)

The Solution: God's Sacrifice and Substitution

The justice of God demands a sacrifice for man's sin. Jesus Christ became that sacrifice and paid the penalty for our sin at the cross.

Since God is holy, righteous, and just, He could not allow sin to go unpunished. Since He is loving and compassionate, He did not want all of mankind to be eternally separated from Him. The divine solution to this problem was for Jesus, God's only Son, to become the sacrifice for sin. (Hebrews 9:26–28)

What exactly happened on the cross? Through His death on the cross, Jesus took our place and our punishment. He exchanged His righteousness for our sin. He took our curse and gave us His blessings. Because of His sinless life, Jesus was the only one qualified to pay the penalty for man's sin and to bridge the gap between God and man. (2 Corinthians 5:21; Galatians 3:13)

Observation

Application

Prayer

Day 5 of 25

Scripture (s) **John 3:16**
Ephesians 1:7
Ephesians 2:13

SALVATION — A NEW START (PART 3)

The Result: Our Salvation and Reconciliation

Christ died on the cross so that we could receive forgiveness of our sins, be reconciled to God, and have eternal life.

We have all sinned against a holy and righteous God. The penalty for sin is eternal separation from God in hell. God is just and must punish sin. He's also loving and does not want us to go to hell forever. Therefore, He sent His Son, Jesus Christ, to pay the penalty for sin by dying on the cross. Because of His sinless life, death could not hold Jesus. He was raised from the dead on the third day. In Christ, we experience forgiveness for our sins and eternal life. In Him we're restored to right standing before God and given a new life as His children. (John 3:16; Ephesians 1:7; Ephesians 2:13)

Observation

Application

Prayer

Day 6 of 25

Scripture (s) **Romans 10:9**
Ephesians 2:8
2 Corinthians 5:17

SALVATION — A NEW START (PART 4)

The Response: Receive God's Gift by Faith

We receive salvation when we stop trusting in ourselves and put our trust in what Christ did for us.

Our salvation is a result of God's grace. It's based on what Jesus did for us on the cross. It has nothing to do with what we do for Him. We cannot save ourselves or earn God's approval through the good works we do. We're saved by God's grace when we realize our need for a Savior, turn from sin, and receive Jesus Christ as Lord and Savior, putting our trust in Him alone for salvation. (Romans 10:9–10; Ephesians 2:8–9)

Personal Application

Have you stopped trusting in yourself and started trusting in Christ alone for salvation?

Have you turned away from all known sin?

Have you confessed Jesus as the Lord and Master of your life?

Are you willing to follow and obey Him for the rest of your life?

Prayer for Salvation

Heavenly Father... I acknowledge that the separation between us... is because of my sin... I confess that I have sinned... and have fallen far short of Your glory... I thank You that You sent Your Son, Jesus... to pay the penalty for my sin... I believe that He died on the cross for me... I believe that You raised Him from the dead... I'm sorry for my sins... and I ask You to forgive and cleanse me... I want to turn away from everything the Bible calls sin... and receive You as my Lord, Master, and Savior... help me to love, serve, and obey You... for the rest of my life... in Jesus' name. Amen!

A New Life

If you sincerely prayed that prayer, the Bible promises that the old has gone and the new has come! (2 Corinthians 5:17) The next five lessons in ONE 2 ONE will introduce you to some of the new things that have come.

Observation

Application

Prayer

Day 7 of 25

Scripture (s) **Acts 2:36**
Romans 10:9
Luke 6:46

LORDSHIP — A NEW MASTER (PART 1)

Lordship is one of the central messages of the Bible. (Acts 2:36) Jesus is referred to as “Lord” ninety-two times in the book of Acts and 747 times in the whole New Testament, while being referred to as “Savior” only twice in Acts and twenty-four times in the New Testament. The Biblical emphasis is overwhelmingly on the concept of Lordship. Lord means master, the one who calls the shots, the one who makes the decisions.

Lordship and Salvation

The starting point of salvation is the acknowledgment of the Lordship of Christ. Confessing Jesus is Lord implies a submission to His Lordship in every area of life. If Jesus is not Lord of all, He’s not Lord at all. We don’t have the option of receiving Him as Savior and not as Lord. Salvation is an all-or-nothing proposal. (Romans 10:9)

Observation

Application

Prayer

Day 8 of 25

Scripture (s) **Matthew 7:21**
1 Peter 3:15

LORDSHIP — A NEW MASTER (PART 2)

Lordship Demands Obedience

Anyone who claims Christ as his or her Lord is expected to do what He says. Intellectual faith and empty confession is not enough. If we say Christ is our Lord, our lifestyle should back up our claim. (Luke 6:46; Matthew 7:21)

Lordship Begins in the Heart

Submitting to Christ as Lord is not about following a set of religious rules and traditions. Rather, Lordship is a matter of the heart. Lordship begins as an internal submission of the heart. If it's genuine, it will eventually reveal itself in outward obedience. (1 Peter 3:15)

Observation

Application

Prayer

Day 9 of 25

Scripture (s) **Colossians 2:6**

LORDSHIP — A NEW MASTER (PART 3)

Lordship Is a Continuous Walk

We begin our Christian life by acknowledging that Jesus is Lord. We must continue to walk under His Lordship for the rest of our lives. Lordship is not having a one-time experience with God, but developing a lifetime walk with God. The more we know Him, the more we submit to Him. (Colossians 2:6)

Personal Application

Are there areas in your life that you have not yet submitted to the Lordship of Jesus Christ?

Are your relationships under His Lordship?

Are your finances under His Lordship?

Is your time submitted to His Lordship?

Observation

Application

Prayer

Day 10 of 25

Scripture (s) Acts 2:38

REPENTANCE — A NEW DIRECTION (PART 1)

Driving a car in the wrong direction on a one-way street is foolish and dangerous. Some drive the wrong way out of ignorance; others out of rebellion. There's a spiritual parallel. Whether out of ignorance or rebellion, we're all on a dangerous one-way street that will ultimately lead to eternal separation from God. Until we turn around (repent) and begin following Christ, every step we take is a step in the wrong direction — a step away from God. (Acts 2:38)

Observation

Application

Prayer

Day 11 of 25

Scripture(s) **2 Corinthians 7:10**
Psalms 32:5
Acts 26:20
Matthew 3:8

REPENTANCE — A NEW DIRECTION (PART 2)

Repentance, Sorrow, and Fruit

Real repentance begins when we are truly sorry for our sins. This “godly sorrow” makes no excuses, takes full responsibility, and never places blame on people, society, or circumstances. It acknowledges that our sin is primarily against God. Godly sorrow produces true repentance and a changed life. (2 Corinthians 7:10; Psalm 32:5)

On the other hand, “worldly sorrow” only produces excuses. While godly sorrow is having a broken heart when we realize we have offended a holy God, worldly sorrow is being sorry we got caught, or being sorry we have to suffer the consequences of sin. The ultimate difference between godly sorrow and worldly sorrow is the fruit. Worldly sorrow never produces the fruit of a changed life; it only produces spiritual death. (Acts 26:20; Matthew 3:8)

Observation

Application

Prayer

Day 12 of 25

Scripture(s)

Luke 15:11

Acts 3:19

1 John 1:9

REPENTANCE — A NEW DIRECTION (PART 3)

Repentance and Forgiveness

The parable of the prodigal son in Luke 15:11–24 is a beautiful picture of true repentance. The wayward son came to his senses, turned his back on his folly, and returned to his father. He made a 180 degree turn, walking away from his former life of sin and rebellion. His father forgave him for his offenses and received him back. In the same way, our Heavenly Father is faithful to forgive us when we turn to Him and repent of our sins. (Acts 3:19)

Ever had a stain on your shirt that you couldn't wash out? Imagine a stain remover that would not only remove the stain, but would make the shirt just like new again. That's what happens when we repent and receive Jesus as our Lord and Savior. He not only cleans the sin's stain of guilt and shame from our hearts, He gives us a new heart. (1 John 1:9)

Observation

Application

Prayer

Day 13 of 25

Scripture (s) 2 Corinthians 7:10

REPENTANCE — A NEW DIRECTION (PART 4)

No Regret

Repentance is turning away from sin and turning to God. It means we stop trusting in our own good deeds and religious activity, and we start trusting in Christ alone. We were going in the wrong direction; now we're going in the right direction. We were running from God; now we're walking with Him. Repentance is the starting point of a new life. Repentance takes us off the treadmill of a self-centered life and puts us on the fast track of God's glorious purpose for our lives. Turning to God means no looking back and no regrets. (2 Corinthians 7:10)

Personal Application

Is your life going in a new direction?

Are there sinful areas in your life that are still a struggle?

Are there areas of intense temptation or consistent weakness that you need prayer for?

Are there sins that you have turned away from, yet you still feel condemned about?

Observation

Application

Prayer

Day 14 of 25

Scripture (s) **Acts 2:38**
Acts 2:41
Romans 6:1

BAPTISM — A NEW LIFE (PART 1)

When the crowd asked Peter what they should do in response to his sermon, he gave them a three-fold answer: repent, be baptized, and receive the gift of the Holy Spirit. (Acts 2:38, 41) Thousands responded and were added to the fellowship of believers. The Biblical pattern is that everyone who is baptized is also added. Every baptized disciple is expected to become an active member of the local fellowship.

Water Baptism

The Bible presents several illustrations to help us understand water baptism. Each of these pictures of water baptism shows the old life being put away and the new life emerging. In water baptism, we publicly identify with what Christ did for us on the cross, put away the old life of sin, and begin a new life of obedience to Christ.

Burial and Resurrection

Paul compares Christian baptism to a burial. In order to be buried, a person must first die. In the same way, the prerequisite for baptism is death to sin. After we are buried in baptism, then we are raised to live a new life. (Romans 6:1–4)

Observation

Application

Prayer

Day 15 of 25

Scripture(s) **1 Corinthians 10:1**
1 Peter 3:20

BAPTISM — A NEW LIFE (PART 2)

Crossing the Red Sea

In the same way the Israelites were in slavery to the Egyptians, we were all slaves of sin. The Israelites were freed from their bondage by passing through the Red Sea. Baptism pictures the freedom from sin that Jesus purchased for us on the cross. (1 Corinthians 10:1–2)

The Flood

Peter teaches that it is not the water or the “removal of dirt” that saved us, but the death and resurrection of Christ. (1 Peter 3:20–21)

Observation

Application

Prayer

Day 16 of 25

Scripture (s) **John 16:7**
John 16:13
Matthew 3:11
Acts 1:8

BAPTISM — A NEW LIFE (PART 3)

The Baptism of the Holy Spirit

It's impossible to live the Christian life apart from the power and presence of the Holy Spirit. Jesus promised that the Holy Spirit would come to lead us into all truth. (John 16:7, 13)

Jesus the BaptizerJohn the Baptist taught that water baptism was an act of repentance, and pointed out that Jesus would baptize His disciples with the Holy Spirit. (Matthew 3:11)

Power to be a Witness

The Holy Spirit empowers us to be effective witnesses. A witness is one who not only tells the truth, but also lives the truth. (Acts 1:8)

Observation

Application

Prayer

Day 17 of 25

Scripture(s) **Acts 2:38**
Luke 11:13
Acts 8:17

BAPTISM — A NEW LIFE (PART 4)

God's Gift for Today

Peter taught that the baptism of the Holy Spirit is a gift promised for every believer, not just for those present during Pentecost. (Acts 2:38–39)

How to Receive the Baptism in the Holy Spirit

James tells us that we don't have because we don't ask. In order to receive the baptism of the Holy Spirit, we must ask — and we must ask in faith. (Luke 11:13)

The Laying on of Hands

Many disciples in the New Testament received the baptism of the Holy Spirit through the laying on of hands. (Acts 8:17)

Observation

Application

Prayer

Day 18 of 25

Scripture (s) **Acts 2:4**
Acts 10:44
Acts 19:6
1 Corinthians 14:1

BAPTISM — A NEW LIFE (PART 5)

Spiritual Gifts

The baptism in the Holy Spirit is accompanied by the manifestation of spiritual gifts. In the Biblical accounts of the baptism in the Holy Spirit, the most common spiritual gift manifested is the gift of tongues. (Acts 2:4; Acts 10:44–46; Acts 19:6)

The Gift of Tongues and Prophecy

Tongues and prophecy are both designed for edification or for strengthening. Tongues strengthens the individual and prophecy strengthens the church. (1 Corinthians 14:1–40)

Personal Application

Have you repented of your sins?

Have you put your trust in Christ alone for salvation?

Have you been baptized in water since you repented?

Would you like to get water baptized?

Have you received the baptism in the Holy Spirit?

Would you like to have someone pray with you to receive the baptism in the Holy Spirit?

Observation

Application

Prayer

Day 19 of 25

Scripture (s) Acts 2:42
Job 23:12

THE BIBLE AND PRAYER — A NEW DEVOTION (PART 1)

Christianity is more than just a religion. It is first and foremost a relationship with God. The foundation of any healthy relationship is communication. The better the communication, the better the relationship will be. God talks to us in many ways, but He primarily talks to us through His Word, the Bible. We talk to Him through prayer. We learn to listen to the sound of God's voice in our lives when we read His Word. He listens to us when we pray. We respond to His Word with action. He responds to our prayers with action. (Acts 2:42)

The Bible

More than just a random collection of stories, poems, and letters, the Bible is the inspired, written Word of God. We must follow the example of Job who valued God's Word more than food. (Job 23:12)

Before turning to Christ, we lived by the world's standards. Now we accept the Bible as the final authority for what we believe and how we live. God's Word is the ultimate and absolute standard for every area of life.

Observation

Application

Prayer

Day 20 of 25

Scripture (s) **1 Peter 2:2**
Romans 10:17
Matthew 4:3
Psalms 119:9
Psalms 119:11

THE BIBLE AND PRAYER — A NEW DEVOTION (PART 2)

What is the key to spiritual growth?

As newborn babies crave milk and need it to grow, so genuine new Christians crave God's Word and need it to grow strong in faith. (1 Peter 2:2-3)

The more we hear or read the Bible, the more our faith will grow. (Romans 10:17)

How can I resist temptation?

Jesus resisted temptation, not by willpower, but by knowing and quoting God's Word. We can win the temptation war the same way, by knowing and speaking God's Word. (Matthew 4:3-4)

Head knowledge and religious facts don't produce purity and holiness. The Word planted deep in our hearts will keep us away from sin. (Psalm 119:9, 11)

Observation

Application

Prayer

Day 21 of 25

Scripture(s) **Joshua 1:8**
Romans 12:2
James 1:22

THE BIBLE AND PRAYER — A NEW DEVOTION (PART 3)

How can I be successful?

If you meditate on God's Word and carefully obey it, then success is inevitable. Obedience brings success. (Joshua 1:8)

How can I know God's will for my life?

As we renew our minds by studying God's Word, we'll be transformed, and we'll understand God's will. (Romans 12:2)

What happens if I know God's Word, but don't do what it says?

The measure of our spiritual progress is not how much of the Bible we know, but how much we obey. Those who constantly learn but fail to obey end up deceiving themselves. (James 1:22)

Observation

Application

Prayer

Day 22 of 25

Scripture (s) **Luke 11:1**
Matthew 6:6
1 Timothy 2:5
John 14:6

THE BIBLE AND PRAYER — A NEW DEVOTION (PART 4)

Prayer

Jesus is our best example for prayer. By observing His personal prayer life, we can learn important principles on how to have an intimate time of dialogue with the Father. (Luke 11:1)

How are we not to pray?

Do not pray like the hypocrites. (Matthew 6:5)

Do not pray like the pagans. (Matthew 6:7–8)

How are we to pray?

Pray to the Father, not to the mother, saints, or angels. (Matthew 6:6)

Pray through Jesus. He is the only way to the Father. (1 Timothy 2:5; John 14:6)

Observation

Application

Prayer

Day 23 of 25

Scripture (s) **Matthew 6:10**
1 John 5:14

THE BIBLE AND PRAYER — A NEW DEVOTION (PART 5)

What can we pray for?

God's will to be done... in your life, in your family, in your church, in your city, in your nation, in the whole world. (Matthew 6:10)

Provision... personal and family needs to be met. (Matthew 6:11)

Forgiveness... receive forgiveness from God and forgive those who have offended you. (Matthew 6:12)

Victory over temptation... and protection from the devil's schemes. (Matthew 6:13)

Does God really answer prayer?

Absolutely! The more specific the prayers, the more specific the answers will be. The secret is to pray according to His will. We know His will by knowing His Word. Therefore, as we pray according to His Word, we know He'll answer. (1 John 5:14–15)

Personal Application

Do you have a set time and place for daily Bible reading and prayer?

Are you involved in a Bible study or discipleship group?

Have you forgiven all who have sinned against you?

Do you pray daily for God's provision in all areas of your life?

Observation

Application

Prayer

Day 24 of 25

Scripture(s)

Matthew 16:16

Proverbs 17:17

Proverbs 18:24

Acts 2:42-44

2 Corinthians 6:14

THE CHURCH - NEW RELATIONSHIPS (PART 1)

Through a revelation of the Holy Spirit, Peter confessed the true identity of Jesus, the Son of God. (Matthew 16:16-18) Jesus said this truth would be the foundation stone that His church would be built on. He also described the type of church He would build, a victorious church that would overcome the kingdom of darkness. Jesus and Paul used the word “church” in reference to the people of God. Church never referred to a religious building. Here are four benefits of being part of a local church:

Friendship

Real friends. Everyone needs them. Few find them. The best place to look for a real friend is in the church, the people of God. True friends are those who have our best interests in mind. They stick with us through thick and thin. Real friends never lead us away from God. Instead, they provoke us to godliness. (Proverbs 17:17; Proverbs 18:24)

Fellowship

If a piece of burning coal is removed from the fire, it will cool off. If it's put back in the middle of a pile of red-hot coals, it will burn again. The same is true of Christians. If a Christian is removed from fellowship with other red-hot Christians, he or she will cool off spiritually. If a Christian stays in fellowship, he or she will stay on fire for God. (Acts 2:42, 44-46; 2 Corinthians 6:14)

Observation

Application

Prayer

Day 25 of 25

Scripture(s)

John 4:23

Matthew 28:19

2 Timothy 2:2

THE CHURCH — NEW RELATIONSHIPS (PART 2)

Worship

God is looking for sincere worshipers. Worship is simply the expression of our love, devotion, and commitment to God. (John 4:23–24)

Discipleship

The last command Jesus gave His followers before He ascended to heaven was to go and make disciples, to baptize these disciples, and to teach them how to obey God's Word. Therefore, we should first be disciples or followers of Jesus, then we should teach others to follow Him. (Matthew 28:19–20; 2 Timothy 2:2)

Personal Application

Are you being disciplined, either one-to-one or in a small group setting?

Are you making disciples? Who are you teaching to obey God's Word?

Are you an active member of a local church?

Who are three Christians you can call for help in case of a spiritual emergency?

Observation

Application

Prayer



FIRST ASSEMBLY

A L E X A N D R I A

Sunday School

Sundays at 9:15 am

Worship

Sundays at 10:30 am

Family Night Services

Wednesdays at 7:00pm

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